

Cookies are small text files that are stored on the computer or mobile device you use to view this and other websites. This site uses cookies to in function more efficiently. This includes the tracking of statistical data such as the number of users that visit the site, how often they visit and which pages on the site are most popular with the site's visitors.

We monitor this data so to be able to improve the site and its content according to our users' needs. No personally identifiable information is recorded via these cookies – all statistical data we track is completely anonymous. We are grateful to people who accept cookies onto their computer as they are part of allowing the website to provide a better experience.

You have the option of deleting cookies from this or any other website from your internet browser if you so wish. For further information consult the 'help' section of your browser. By using our site you are agreeing to the use of cookies as described.